

# General Health

## Resources & Referrals

Available on many health related topics.



## Hand Washing & Respiratory Etiquette

Hand Washing & Respiratory Etiquette is a 30 - 40 minute presentation for K - 4<sup>th</sup> grades. The discussion revolves around healthy habits, germs, hand washing and how to cover coughs and sneezes. The activity includes the Hand Washing Machine and special lotion!

## Tobacco

The tobacco presentation is a 30 - 40 minute, age appropriate discussion for K-12<sup>th</sup> grades. The presentation includes games, visuals, fact sheets and a discussion on the harmful effects, chemicals, addiction and cost of tobacco use.



For more information  
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